

1995 Section 7AA Girls Championship at UMD, Duluth on Wednesday, May 31st & Saturday, June 3rd

Teams: Duluth East 103, Forest Lake 97.5, Grand Rapids 82, Hibbing 73.5, St Francis 66, Virginia 52, Duluth Central 51, North Branch 40, Chisago Lakes 33, Cloquet 29, Proctor 16, Cambridge 14, Duluth Denfeld 6.

100

- 1 Shyla McKibbon, Hibb 12.59
- 2 Sara Baldwin, East 12.60
- 3 Mel McClaskie, NB 12.63
- 4 Teresa Hamm, FL 12.77
- 5 Stephanie Cherrier, SF 13.15
- 6 Kari Sedlund, CL 13.23

200

- 1 Livia Monacelli, Vir 26.11
- 2 Shyla McKibbon, Hibb 26.41
- 3 Teresa Hamm, FL 26.46
- 4 Meri Neuman, SF 27.03
- 5 Mel McClaskie, NB 27.12
- 6 Kari Sedlund, CL 27.19

400

- 1 Kristen Simonsen, East 59.99
- 2 Meri Neuman, SF 60.20
- 3 Anna Peterson, SF 60.40
- 4 Holly Telin, FL 60.51
- 5 Alison Pfllepsen, East 61.02
- 6 Ann Young, Vir 62.41

800

- 1 Catie Petrick, Vir 2:21.36
- 2 Jill Kmetz, FL 2:21.42
- 3 Bethann Ellingson, GR 2:22.74
- 4 Rita Strubbe, Vir 2:24.36
- 5 Kendal Wheeler, East 2:24.556
- 6 Sarah Riley, Proc 2:27.21

1600

- 1 Kara Wheeler, East 5:06.15
- 2 Yvonne Glenn, Cent 5:08.80
- 3 Amy Hill, East 5:09.49
- 4 Serena Sullivan, Hibb 5:12.17
- 5 Heather Bergquist, Proc 5:19.40
- 6 Rachel Sackett, GR 5:25.72

3200

- 1 Kara Wheeler, East 11:10.92
- 2 Heather Bergquist, Proc 11:25.24
- 3 Rachel Hasser, Camb 11:35.71
- 4 Amy Hill, East 11:38.47
- 5 Rachel Sackett, GR 11:57.14
- 6 Melissa Dubay, NB 12:10.53

100 Hurdles (33")

- 1 Amy Carlson, Cent 15.80
- 2 Gina Zachariasen, GR 16.11
- 3 Pam Boyer, CL 16.42
- 4 Jamie Mueller, FL 16.58
- 5 Meghan Devine, NB 16.63
- 6 Heidi Rempp, SF 16.71

300 Hurdles (30")

- 1 Amy Carlson, Cent 47.04
- 2 Heather Westmoreland, FL 47.40
- 3 Hope Phillips, East 47.52
- 4 Tara Pissonnault, CL 48.17
- 5 Pam Boyer, CL 49.04
- 6 Serena Sullivan, Hibb 49.06

4x100 Relay

- 1 East 51.11 (S Baldwin, Neuman, A Pfllepsen, K Simonsen)
- 2 St Francis 51.27
- 3 Central 51.69
- 4 Forest Lake 52.50
- 5 Hibbing 52.73
- 6 Cambridge 53.01

4x200 Relay

- 1 St Francis 1:46.48 (A Herman, J Fisher, A Peterson, M Neuman)
- 2 East 1:49.99
- 3 Central 1:50.05
- 4 Grand Rapids 1:50.13
- 5 Forest Lake 1:51.13
- 6 Hibbing 1:51.86

4x400 Relay

- 1 East 4:06.05 (A Pfllepsen, H Phillips, Ka Wheeler, K Simonsen)
- 2 Forest Lake 4:10.18
- 3 Hibbing 4:14.20
- 4 St Francis 4:15.06
- 5 Grand Rapids 4:15.09
- 6 Virginia 4:16.84

4x800 Relay

- 1 Virginia 9:40.58 (R Strubbe, L Monacelli, A Young, C Petrick)
- 2 Central 9:41.71
- 3 East 9:46.16
- 4 Grand Rapids 9:51.85
- 5 Forest Lake 9:54.97
- 6 Hibbing 9:58.16

Shot Put

- 1 Erika Grosse, GR 43-6.5
- 2 Beth Howard, NB 39-2
- 3 Shyla McKibbon, Hibb 38-1.5
- 4 Kristin Ogle, GR 37-5
- 5 Crystal Rouleau, Vir 33-7.5
- 6 Jolene Jones, SF 33-2

Discus Throw

- 1 Kristin Ogle, GR 136-2
- 2 Shyla McKibbon, Hibb 116-3
- 3 April Clairmont, GR 115-11
- 4 Jolene Jones, SF 114-2
- 5 Crystal Rouleau, Vir 110-8
- 6 Chrissy Joyce, NB 109-6

Long Jump

- 1 Steffanie Borck, CL 17-3.75
- 2 Shannon Labernik, FL 16-10.75
- 3 Aimee Ross, GR 16-5.75
- 4 Jess Daniels, Hibb 16-4.75
- 5 Stephanie Cherrier, SF 16-4.75
- 6 Livia Monacelli, Vir 16-3.75

High Jump

- 1 Ky Mathes, Cloq 5-6
- 2 Steffanie Borck, CL 5-4
- 3 Alissa Bergman, FL 5-3
- 4 Dani Lee, FL 5-2
- 5 Ursula Whiteside, Hibb 5-2
- 6 Shannon Warner, GR 5-2
- 7 Aimee Ross, GR 5-2
- 8 Stephanie Douville, Denf 5-2
- 9 Tiffanie Ellis, Cent 5-2

Triple Jump

- 1 Heather Westmoreland, FL 35-8.25
- 2 Shannon Labernik, FL 34-8.5
- 3 Stephanie Cherrier, SF 34-3
- 4 Ky Mathes, Cloq 34-2.5
- 5 Steffanie Borck, CL 33-10
- 6 Ursula Whiteside, Hibb 33-2.5

* Ties Meet Record

** New Meet Record

Notes: